

# PRODUCT SPECIFICATIONS

*Performance Ankle/Wrist Wt. ½ Kg.*

**Code: ADWT-12630**

**MRP : 3099.00**

Built to challenge your bodyweight movements, the adidas Performance Ankle/Wrist Weights provide additional resistance to your exercises without adding strain on joints that traditional weight training may bring. Ideal for building strength, cardio and muscular endurance, the Performance Weights provide the extra difficulty needed to elevate your fitness.

**COSCO**  
SPORTS | FITNESS



|               |  |
|---------------|--|
| Colour :      | Constant-095A-Black(BLACK-C),SS20-ADB5-Signal Green(328-C) |
| Dim.(LxWxH) : | 507x93x17mm  |
| Material :    | Iron sand (85%), polyester (10%)                           |
| Net Weight :  | 1 Kg   |