

# PRODUCT SPECIFICATIONS

Professional Grip Trainers

Code: ADAC-11400

MRP : 1399.00

Grip exercises can lead to increased forearm muscularity, hand strength, endurance and dexterity, which in turn leads to better weight training performance.

**COSCO**  
SPORTS | FITNESS



Colour :	Black
Dim.(LxWxH) :	13.5 x 8.6 x 2.7cm
Material :	Iron   PP   TPR
Net Weight :	0.265 Kg
Other Features :	Angled springs