

# PRODUCT SPECIFICATIONS

*Essential Flat Bench*  
Code: ADBE-10347

MRP : 7700.00

Fly exercises, bench and chest presses and single arm rows are all classic free-weight moves that this bench is perfect for. Non-marking feet. Sturdy frame design and easy assembly.

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Max. User Weight : 100 Kgs.  
Net Weight : 8.5 Kgs.