

# PRODUCT SPECIFICATIONS

Performance AB Bench

Code: ADBE-10220

MRP : 13400.00

Designed to enhance core workouts, the Adjustable Ab Bench extends your range of motion for greater abdominal stress. Upping the intensity of your basic core movements, the bench's foam-padded anchors lock in your legs; providing the necessary leverage for decline exercises. Constructed with a sturdy steel frame, the bench lays a comfortable foundation with a dense foam back pad for total performance. Featuring 'SCAN TO TRAIN', the Ab Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

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SPORTS | FITNESS



|                   |                                 |
|-------------------|---------------------------------|
| Max.User Weight : | 125 Kgs.                        |
| Net Weight :      | 11.5 Kgs.                       |
| Other Features :  | SCAN TO TRAIN function          |
| Warranty :        | 2-years manufacturer's warranty |