

# PRODUCT SPECIFICATIONS

*Essential Skipping Rope*  
Code: ADRP-11017

MRP : 499.00

Skipping is an exercise that has been widely used for decades to build endurance, speed and agility. 3m in length. Designed to raise your heart rate, keep you strong and agile.

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Colour :	Black
Dim.(LxWxH) :	300 x 2.3 x 10.3cms
Material :	PP   Other Polymer   ABS
Net Weight :	0.1 Kg
Other Features :	Slim grip handles for streamlined full body workout.