

PRODUCT SPECIFICATIONS

Professional Grip Trainers

Code: ADAC-11400

MRP : 1399.00

Grip exercises can lead to increased forearm muscularity, hand strength, endurance and dexterity, which in turn leads to better weight training performance.

COSCO
SPORTS | FITNESS



| | |
|------------------|--------------------|
| Colour : | Black |
| Dim.(LxWxH) : | 13.5 x 8.6 x 2.7cm |
| Material : | Iron PP TPR |
| Net Weight : | 0.265 Kg |
| Other Features : | Angled springs |