## PRODUCT SPECIFICATIONS

Code: ADP-15070BK

HIIT Deck combines an aerobic fitness step and weight bench into a single compact, unique, configurable workout platform. With more than 20 setup configurations built into its patented design, the HIIT Deck takes your strength and cardio workouts to the next level. No assembly required – ready to go straight out of the box. The high-grip workout surface provides both the traction you need to step, jump, press and lunge, as well as the comfort and stability required for bench pressing and other weighted exercises. Scan to Train feature – scan the QR code with your device to access online exercise content.



Dim.(LxWxH)	:
Material:	
Net Weight:	

1100x337x20mm PP (69.3%), TPR (11.7%), Iron (9.9%) 12.6 Kgs