

PRODUCT SPECIFICATIONS

Core Rollers

Code: ADAC-11604

MRP : 4199.00

Designed to engage the core muscles and strengthen the upper body. The rolling motion of the equipment triggers hard to target muscles through a variety of exercises such as oblique and pike roll-outs. Individual rollers can be used to train the core, arms, chest, shoulders, hips.

COSCO[®]
SPORTS | FITNESS



| | |
|-------------------|---------------------|
| Dim.(LxWxH) : | 21 x 14.5 x 14.5cms |
| Max.User Weight : | 120 Kgs. |
| Net Weight : | 0.83 Kg |