

# PRODUCT SPECIFICATIONS

Performance Ankle/Wrist Wt. 1/2 Kg.

Code: ADWT-12630

MRP : 3099.00

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Built to challenge your bodyweight movements, the adidas Performance Ankle/Wrist Weights provide additional resistance to your exercises without adding strain on joints that traditional weight training may bring. Ideal for building strength, cardio and muscular endurance, the Performance Weights provide the extra difficulty needed to elevate your fitness.