

# PRODUCT SPECIFICATIONS

*Slam Ball - 5 Kgs.*

Code: ADBL-10223

MRP : 3049.00

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Compact and versatile, adidas Slam Balls are designed for both circuit and strength training. With a bobble surface texture providing maximum grip, the ball's compact 23 cm diameter broadens its exercise potential. Built to withstand powerful impacts, the pliable design absorbs contact when slammed to minimise recoil and maximise effort. Available in 3, 5 & 8 kg weights; the Slam Ball is a training essential that's ideal for all fitness levels.