

# PRODUCT SPECIFICATIONS

Dumbbells - 1 Kg

Code: ADWT-10001

MRP : 1299.00

Neoprene coated with a cast iron core, adidas Dumbbells help strengthen and tone; broadening your exercise potential with 1 – 5 kg options to scale the difficulty. An established training cornerstone; dumbbells are built for both isolated and compound movements, allowing you to diversify your workouts and hit any goal. Featuring a unique hexagonal design, adidas dumbbells stay put once set down for added safety and ease of storage.

**COSCO**  
SPORTS | FITNESS



|                  |  |
|------------------|--|
| Colour :         | Black  |
| Dim.(LxWxH) :    | 146 x 57 x 51mm  |
| Material :       | Neoprene coated Cast Iron core   |
| Net Weight :     | 2 Kgs.   |
| Other Features : | Hexagonal design prevents rolling Ideal for isolated and compound movements. |