

# PRODUCT SPECIFICATIONS

*Performance Flat Bench*

Code: ADBE-10222

MRP : 16499.00

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Ideal for an array of weighted and unweighted exercises, the Flat Bench has a max load of 205 kg; allowing you to ramp up your workouts for consistent progression. Featuring 'SCAN TO TRAIN', the Performance Flat Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.