

# PRODUCT SPECIFICATIONS

Home Rig

Code: ADBE-10500

MRP : 74999.00

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Made from solid steel with a compact footprint, it combines compound and isolated training for total strength workouts. Featuring a plate loaded dual pulley system, the Rig allows you to target the upper and lower body with both cable and free-weight movements. Including four removable attachments, the Rig offers countless exercise variations with six storage racks for easy transition. The removable dip bars, catches and holders allow you to tailor the rig depending on your workout; making room for a bench and bar during compound lifting sessions.